March 17, 1990 Kirtan at Exeter Rd

Ambikananda welcomed Siva Kali at this kirtan and praised the Gorton family 'from Assheton to bambinos of third generation'. He then read from Sister Faustina and commented:

"Suffering is a grace. In suffering love becomes crystallized. The greater the suffering the purer the love...

[Jesus says to St Faustina] "Write this. Before I come as a just judge I am coming first as the king of mercy. Before the day of justice arrives there will be given to people a sign of this sort. All light in heaven will be extinguished and there will be great darkness over the whole earth. Then the sign of the cross will be seen in the sky. And from the opening where the hands and the feet of the saviour were nailed will come forth great light which will light up the earth for a period of time. This will take place shortly before the last day.....Meditate on my passion, say this prayer: 'O blood and water which gush forth from the heart of Jesus as a fount of mercy for us, I trust in you.'

'Nothing is as constant as suffering. It always faithfully keeps the soul company. O Jesus, I will let no one surpass me in loving you...[A further 15-20 minutes of reading from Sister Faustina's spiritual diary, including the prayer which Mahayogini later turned into one of her most beautiful songs: 'Hail Mary my mother and my lady, I offer you my body and my spirit and my lfe...O lovely lily, etc']

Ambikananda:

'Now devotees, full programme, eat, drink, be merry. We thank you all for this gathering on behalf of Siva Kali and thank Radhani. This unique opportunity to be gathered together, all the family of the ashram for 20 years. We wish to have a full video live of this getting together on 17th March 1990. All together, all together!b Pray to the Lord for ever and ever. God bless you all.'

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From Ambikananda's later discourse:

'Spiritual experience usually comes in a flash; and love comes in - "love's lightning flash". Experience can be had through gross consciousness: so now I am not meditating but I am having mental experience, mental flash awakening the energy. When this energy swallows a man, the man is like a mummy, he is there, grossly watching, but that comes through experience. Experience itself gives various other kinds of experience, multiplying by detachment and dedication. It's not easy to detach yourself, the words are buried under this fantasy, this maya. But Maya is the power of God, therefore God sports here. If you are inner-guided, as soon you switch on the answer is there, you find different countries, you find different happenings, whatever is required for you, for future reference. It's all there. That is all right in the gross world. But in the subtle world things are different: Revelation in lieu of what is going to happen. Revelation can stop the happening. A stitch in time saves nine. Therefore revelation is for near and dear.

'If we could reduce our physical *grandeur*, we could be adopted by spirit, just like you [to Shiva Shakti] are adopting a child. You have to initiate, which is like a probation after so many years. If I see you are good, then I give you mahamantra. If you pass that you don't have to do anything – go eat and drink, but I ask you be good. Just be good, don't go blindfold, because – God dwells here in your heart. Open the heart, and open the ear, because the subtle is always talking to the loved one...talking, thinking, send thought, thought, thought.

'This is a way to approach humanity without physical contact. One doesn't have to go all over the world. You can do good with your thoughtful help, your spiritual stealth. We can't meditate at times. We don't ask you to meditate. You could perhaps pray. But a lot of people cannot pray. I don't know how to pray. It's very difficult for me to borrow prayers - the prayers are beautiful but they are not mine. What to pray for? What to ask? Prayer means — well, you must love God, and to love God is already greater than prayer. You may pray but you may not love God. And you may not get anything, neither experience nor meditation nor prayer. Dry, dry, dry. But you must not be *désespéré*. All your experience, all your thought, all your goodness has been taken to "next room". For children, or family, who are suffering much more. [God says:] "I am in charge of your account. You don't need it. Your family is starving there. I know your good heart. I give it to those who need it now."

'...Our life is full of darkness, we are enveloped by darkness, so we need the light of love. A little darkness manifests the glory of light...The earth has to be tilled, the seed sown, then it will sprout; but first feel the light, the expansion of the light. You may think you are not getting enough from the government of your spiritual life, isn't it? But you will get all this, you will be crowned, I am not telling you lies. If I see darkness I also see light. When the thought is confirmed – God's presence is invisible, but it can be made tangible. He puts His hand. And He doesn't just bless you. Now what happens? Flashes happen, and you see - indescribable. You have to deal in this field, you can't just explain and hear. You have to deal, you have to be a dealer. But the awareness is denied, the awareness of God is denied until you break the cocoon of body, become soul, be rocketed from sphere to sphere, back to the original...

'Who is that God who touched me? That God is attained through love. Ah! Darkness comes if you have no detachment. Let there be light. When light has come there will be discrimination. When discrimination has come you will separate wrong from right, what's no good from what's good. You will dedicate you life to suffer [for] others – that's where you become a voluntary worker...'

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