

Mar 23-24, 1991

Kirtan in Wales (Gayatri and Sarasvati)

Kirtan in the upstairs room of Assheton's barn. Siva Kali was there. So were Skanda and Vicky, Bala Shiva, Alekhananda, Ambika Radhika, and many 'Welsh' devotees with their children. Raja Ram was there too.

Ambikananda talked to Raja Ram and other devotees:

'I don't care if the world doesn't think of me, I am happy if only God thinks of me for the fraction of a second. All this is maya, but you will see there is hope somewhere. You must have faith, perseverance, and you must live in the spirit of detachment.

'But you must be a split person: one, what you are when your dharma is to work, write, paint, sell flowers, whatever your dharma is; but second, when the karmic condition is finished you have to be back if not to God then to the stripping analysis of self, "Who am I? What is this? What am I after? Is it worth the energy of my lifelong search?" Sarada Devi has told us before meditation to think of our daily activity, was it useful or useless, was it karma, akarma or vikarma – useful, useless, or harmful? And then beyond that.

'Satchidananda God alone is the guru. The sun is one but the rays are thousands, and all rays coming from there go back to the sun. So God is one, the births are many, human forms which are the image of God. And when that is realized the image merges in the object and becomes one. But you must have discipline, sacrifice, proper yearning.

'So many choices we give, so life is not monotonous. It fills the gap of your missingment. Yogis are a kind of aurific artist, if it is the will to see the light of a person. They see the state of the person. Don't identify with darkness, body, gloomy, here for a little and now all gone. The sun helps you, moon sends light.

'Life without practice is stagnant unless there is a guide. My child, you are deforming your future birth if you are stubborn. Pride only ends up by suffering. Don't go to Dakshineswar, go to Sri Ramakrishna and everything will follow. God is the invisible guru, the teacher. But people don't link with God. When the Seer is remembered the word is a lame interpreter, it can't express the object you are trying to reach. The thought is there, fantastically fast, but words cannot keep up. As you think, so you become, so think well before you start. God made you perfect, but due to our desires and whims we are deforming ourselves. The greatest state is desirelessness. And practice is greater than all book knowledge.

'Visitation is a conversion. Mary was visited. Sri Ramakrishna was visited. Sai Baba was visited. Visitation tests you - you have no self-control - bed gets wet! But God is the laundry. He sends clean water from His head to get out your sins - Bhagirati.¹ Every kirtan is remembered, they are in the heart of the heart. The foundation root is enveloping prema. Unfortunately time and tide don't wait. In every kirtan there is warning, for 20 years. The more divinity, the more crushing of everything. Say, "I am nothing ... it's all Sai Baba.". Visitation is a state beyond. Every vision transforms. Better to be crushed to nothing, watch, you become invisible.

'The game is not real, but the magician is real. Here we prepare the *mise en place*. It's all in the kitchen. Brahman is food. The cook who is Brahman is preparing all this for the devotees. Now the world is silenced in you. You have to insist, but sometimes bliss is uncontrollable and you can't, so bliss is another rocket. If God wants to bliss you - off you go. As long as that invisible state burns in you, your bliss lasts - learning is lost, lust is lost, etc. So much am I subject in that channel that I can hear it live as it is happening, in a semi-conscious state, not trance. As you think, so you become.

¹ Ref to Bhagirati (Ganga Mai) falling from head of Lord Shiva

‘God has to be practised, not omitted. You can't omit OM! The Supreme Lord is your protection. Everything else tries to catch you - bad appearing as good can catch you. Privately and personally, you find people quite different. So the base has to be very solid. There's no bribery with God, but you can become His bride. We are going through a delicate crossing. You have to be prepared. For those who are attacked when not prepared there is panic. You have to have a ticket, a seat to go to heaven, and the Path of the Sun is a beautiful journey.

‘You have to keep to your word. Word is the light, it helps somewhere to liven or destroy. Natural silence is a dryness of throat first, you've held your breath and the fixed mind becomes one block. You come down to observe silence, listen and enjoy.

‘Everything is psychological. Man is lodged in his psychology, he can't avoid that. As soon as you say something it becomes powerful, then and there. God responds through sound, negative to positive. There are many ways – through sound, through sight, through animals. The gist of all this is nothingness, when even the dust is crushed. The whole GSR is "Not I!" But who is mad for that? Who is shedding tears for the Beloved? Tears are a condensed form of your panting. Tears wash the soul, and that works as a drop of elixir.

‘God is moulding us on Earthplane. We are like plants growing, and God is hedging. If the twig is bent, the tree is bent. You are the seed of God direct, seed of Brahman. You have to be very careful not to overload head or mind. Therefore let there be silence, cessation of thought, discrimination. Love, love, love. Light, light, light. Not I, not I, not I.

‘Man is a vase. Prayer is a flower. Mary is a bouquet. Let love envelop each other, “love each other as I have loved you.” God is a sharer of His kingdom-Come of God-Bless-You. So you will become a plant to be hedged round, watered with tears of love, and the colour will guide your meditation, the Sun of knowledge will open, petals will be written upon, every leaf.’

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