The world is not a safe place. So take refuge, take sanctuary.'

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Present: Mahalakshmi, Jai Narain, Satchidananda

From the discourse:

'Nature is always awake. God may be in a trance for a thousand years, so you have to wake him, to sing, to go round, to ring the bell, to wake the Lord. But you don't go round to wake the Sun - it's the Sun that goes round you, the Sun will wake you. That's nature. Nature is doing its work. We can ignore nature, but nature never ignores us. If we are good, nature doesn't crush us, it's good for good, bad for bad. Nature helps us. An incision is made by the doctor to remove the root of the disease and then nature works of itself, it heals by itself. The doctors don't interfere, they say "Get on your feet, it will heal." It's surprising how medical people go by nature.

'Nature watches over you, so you must not take advantage of nature. People take so much advantage. Our dishonesty starts with ourselves. We don't abide, we don't respect ourselves, we don't respect the laws. We are very disrespectful to our way of living. We take advantage of our home, of our room, of darkness. And darkness is maya. If you were the same person in blazing light you would minimize a lot of deeds. But when you're under cover, underground - the world is like that. Here is the blazing light of God, eternal light, and never is there darkness. And here is the world turning round, different patches of light and dark, this patch is light, that is dark. In that corner of darkness we get in our room and switch off the light, we get artificial heat, and all the maya is there. We multiply our darkness and condition. Darkness is the first maya. And if you are dishonest you are already doomed, you're in hell without going, enjoying artificial paradise, believing no one knows, and saying "I'm all right Jack".

'The world is not a safe place. It's a demoniac world, so man has to be re-educated. Golden age has to come, but men don't want to reform in the Kali age. Men are so weak in the test of maya. They don't believe in God but they believe in maya, in artificiality, in temporal pleasure, which is the root of the multiplicity of pain. So pray to Mahamaya. Everyone has something to give, but some withdraw, due to the fear of suffering. That withdrawal already paralyses their brain and their action of will. So from that defection the pleasure develops into pain, it doesn't get fully matured. It looks big but there's something missing. So take refuge, take sanctuary.

'The world is like a gambling market. People take their chance, they try this, they try that, they take a chance, they take double their chance, treble even. That's the bait, to let you win once, and the crook says, "Let him win once or twice, and then I'll shake him clean." Then, after [death] people come back to another place, and they look for truth now, because they know the world is as bad as themselves. Men have the image of God no doubt, they look so beautiful, that's why people put their trust in them. But they are full of the fermentation of evil inside. And young people get so upset if you correct them nowadays. No doubt the best doctor is the one who puts a foot on the chest, but as soon as you start, these young people fly without levitation three foot into the air in rage. How dare! They want their privacy and they want their liberation.

'If you are weak, evil comes. You are a prey. Passions start up. Ramakrishna says, can you control yourself? How much can you control? In meditation all past life comes up, and if you're weak you get more into sin instead of knowing God. Passion is roused. There is erection not of kundalini but of passion! But you have to go through these tests. You fall, but God allows a fall. Blessed are those who don't give up. He who has been a farmer, he goes back to farming whether there's a crop or not (GSR)². But the weak one tries this, then tries that. You have to be firm with yourself. Make a decision about what you want with your dharma, your duty. If you are a writer, write. If you are a

¹ See Ramakrishna's image of the good doctor in GSR.

² See GSR.

painter, paint. Abide, whether food comes or not. Lord Krishna has advised, "Work but don't look for profit."

'Christianity tells you something very similar in a hidden Christian form. But Hinduism tells you from the very beginning, it gives you the ABC of how to live in life. But if you really put it into practice, there is a greater life, it's walking from here to heaven directly, you don't have to wait to die. And it is said that he who chants OM while dying has already entered Me, he doesn't come out. But how many do that?

'Kirtan is a memorandum, to remind you who you are, what you are. It takes a yogi a thousand lives to realize God, and "among the 1000 one or two come to know Me." If you want us to come on the same day of the kirtan to give realization and all this, it will end up in such an agony again. It is a unique thing that God Himself [as Ramakrishna] came down and said, "I see you practise Vedanta. Well, our way of Vedanta is different but I like your way." So Ramakrishna said to us. It is all according to time, place, environment, circumstances. Without knowing the meaning we have benefited. At Kedarnath at 3 a.m. to 8 a.m. we were in a kind of experience in the caravan, we were doing, having experience, we were sincere, we were determined, we were struggling. People always misunderstood. Who can fully understand? Even Ramakrishna was misunderstood. Jesus Christ, Rama... Even between husband and wife. If not for us maybe today you would have been separated. We have been welding husband and wife, like a jeweller, linking them.

'So we are straightforward, we don't encourage artificiality. "From the artificial lead me to the Real!" People are bruised by worries, by property, by material things, by their own work, by fear. Fear is an emotion, a "trembelo" organ beside the genital and sexual. The legs jelly, you can't stand. Energy goes in the legs, bliss goes in the legs. When the genital is controlled the bliss goes down in the legs, it goes in the lotus feet. If the lotus feet are fully pure it saves a man from birth and death. So take the dust of the lotus feet.

'People want temporal pleasures, they don't want to raise, to go beyond to the supersensuous. Have pleasure by not having pleasure - that may take a few lives, a few liberations, on and off, to go beyond it. You may like a person but not want sexual intercourse, you may just like the person for the person, for the beauty, the heart of the person, it has nothing to do with the physical, that's where there's great confusion. The physical is completely different. All this is the outer show. People don't want to see the inner structure, which may be abominable.

'You must have the right companion, and the companion must have a heart. Without a heart it's futile. Without a heart it's hypocrisy, misery. If you take all the pleasure for yourself, if you don't share your word and your company, if you just keep to yourself, there will be inflammation in your being. But you have to have the right company, the right person, someone who at least knows. Sometimes even lip service is great: someone has said it but he's not practising it, yet it enlightens the one who doesn't practice, who hears it and puts it into practice, and he becomes a better person than the one who has said it. Listening is 'savana, manana, kirtana', it is purifying, it's a transcendental state. But you have to apply it.

'Hearing this and sending a thought is good. The thought counts. I myself am not saying what I have done. God sees the incognito act. Your heart must bleed, a kind of charity that makes the other one cry in receiving. This joy is inexplicable, it can never be taken from you, it's a bit superdivine. It's greater than God where God is name and form, and subject to appear and to disappear. But the true Reality is Existence which is also Knowledge and Bliss Absolute, and Consciousness. It's your weakness and not understanding - that's where the game, the beauty, the binding is. One person is bound and can never get out. He binds the other one, the free; the bound binds the free, and the free pulls the bound out of the mess. That's how one man can lead thousands out. So one has to strive hard, one has to be what one is saying, or at least one sixteenth what one is saying (GSR).

'Radhani has to learn her lesson to be good to her neighbours, true friendship. This is a community. The community has joined, the jeweller has made the pendant, the jewelry.'

Jai Narain: 'She spends a lot of time looking after people. She has just gone to Atma's house.'

Swamiji: 'Well, you have to do good, be good in your heart. We are all foreigners in this land. We have to help first our kith and kin. But who is my brother, my sister, my mother? Jesus Christ said it's whoever hears my word and listens to it...

So Atma is on his last legs, I suppose, his last days or months. Everyone has to go, at least his mind can be concentrated, make his room become a sanctuary, and flowers, he can concentrate his mind. With his last thoughts he might be liberated; he will have a better birth than anyone in the ashram perhaps. But he has to do all these things. It will happen if he abides. He can have a better birth than anyone. I asked him, "Have you got a picture of Kali?" "No, I've got Sarada." But Kali is special now, the Hindu goddess who gives liberation. "Whoever dies in Benares, prostitute or holy man, will be liberated" (GSR).

'You have to have grace. You have to have a good companion. You have to have someone to volunteer, my friend. Who in the bloody world will volunteer to help anyone much? The wallet is close to the heart, becomes magnetic. Everything is less and less now. But we are still the same, with legs or without legs, with mind or without mind, with hands or without hands. It's better to enter the kingdom with one hand than to go to the world and lose the whole thing, go to hell physically fit. But it's not your leg that has misled you, not your mouth. It's your mind, your thought, and your heart. Whatever you do, do it with heart, do it with a clear mind, don't be a hypocrite. Better give a little with a proper heart that is full.

'Everyone is mad for the material world. But we are simple living. You must not abuse. Where people go wrong is when they take advantage, eat too much, drink too much, over-indulge, no balance. That's what the body wants, pleasure, everything to be done for us. Life is a test, a school, and meditation is the whole hospital - the guru is like a doctor, he tells you what to do, mantra is like medicine, take it three times, hold your breath. Every bead is a step to heaven, every roll of the bead with proper consciousness is love with flowers and worship, going live to God, because soul is going to see soul, Parasoul; the child soul is entering the kingdom of heaven live, while still on earth. Some have transcended time and space and have got experience then and there. Jesus gave his life, Ramakrishna gave his life. We don't want anyone to suffer, but whoever has done something will suffer, that's karma. The body pays the tax for the soul. And the body is a work of art, a frame of bones, flesh and blood; and all has to be clean and pure. Any infection causes ill health, it has to be looked after. So eliminate name and form and birth. Make hay while the sun shines, while this company exists, while this madman is walking with hands down at kirtan, like a rishi with legs up and fire of love underneath, invisible, making everyone dance by force, jump, worship, sing, dance, Hallelujad, universally united on earthplane. It was not fanaticism, it was natural love. Love bursts, an inflamation, an infection.

Jai Narain: 'It was a wonderful kirtan.'

Swamiji: People were surprised. This was not a heat of passion but natural, the joy of hearing. What did Ramakrishna say in beginning of GSR? "When a man hears the name of Hari, Rama, Kali, and his hair stands on end, then it's not long." Shiva Shakti was singing "O my Beloved." When you hear to whom was she singing O my beloved, the joy! Add light to my Beloved. The musicians play the music, everyone does their work. And you come and sit quiet and be astounded, and let your hair rise of its own accord, and be soaked like a sponge in the nectar of immortality. And come home and share it with those who want to hear.

'This opportunity we are manifesting, people will be sorry one day – remember this, write it, record it, put it big in your studio - people will be sorry if this opportunity we are manifesting here and in

heaven is not practised. You will only be born to come down again. But then Jesus is not here, Ramakrishna is not here, it's an invisible form. How can you see God as spirit unless you have your own spirit clear, definite, positive, adamantine, zealous, enthusiastic, eager? It's a grace to have a meeting. All you do is open your door and so many people come and sing. Ramakrishna comes and bows his head, souls come. Everything!'

Jai Narain: 'Mm'.

Swamiji: 'Otherwise you will end up in proper hospital going "Mm, Mm, it's sore. I wish my pain for divinity was so sore." That's two different pains, two different beings, two different madnesses, two different powers. "He is well but he is dying to die..." Looking at this world, I don't trust anybody, anybody. I don't trust myself. Man is such a twig in the cyclone of this world. Now Kali age is at its peak and I think Anne Katherine Emmerich's devil is released. You can see how the world is going poverty and misery. It's the peak of the Kali age. [Sings:] 'May my life's breath depart as I repeat the name of Kali. Thank God I have not long to go, but it's a crucificial time.'

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