

If you can't meditate, play music

June 12 1993

*Gathering at Madonna's house at Corfton Rd, Ealing*

*For much of this kirtan Swamiji was in critical mood, and much of his criticism seemed to be directed at Jai Narain. He stressed the importance of music:*

'it's beyond meditation, it's transcendently awakening... You cannot be a devotee unless you play music. so practise scales, to do the gamut sol-fa. Life without sacrifice, what is that? If you don't have sacrifice you are not wanted... You say you want to be first but where are you? Minus the first – very far from it. ...Next to kin of God is?

*Jai Narain (apparently unable to give a coherent answer): 'Loveliness.'*

*Swamiji: 'Give me a phrase of loveliness?'*

*Jai Narain was at a complete loss. Narada contributed: 'Shall not loveliness be loved forever?'*<sup>1</sup>

*Swamiji: 'Yes! Write that, print it, and leave it in front of your forehead wherever you go!*

...You have to get to the matrix of the Divine Mother to be reborn. You are born from your earthly matrix, isn't it, that is your mother who is buried and gone. But one who is reborn [will be born] in the mahayoni, the triangles of Him-Her - apex up is the Him, apex down is the Her, and the two make a David's Star, it's very universal. And the "you" is the bindu<sup>2</sup> of concentration on Narada's loveliness word, invisible.

'Memory mixed with desires causes failure. With lack of memory and remembrance and practice you can go a bit loose, you lose balancement, health, food, everything. Therefore you have to have a balance. But your company should be eternal.

'...Be punctual. Punctual means mental. Punctual means? –'

*Jai Narain: Mental?*

*Swamiji: 'Therefore mental means dual consciousness, and triple Narayan. While I am in the din and bustle I am valid also there. ...Disobedience means non-christianity. It is the fall of man, that's where Lucifer falls, becomes Lucifer....So weed out! Nip on the bud! You have to learn to let someone tell you off and receive it. He puts you in a very strait jacket, a heavenly jacket, let people tell you off for your own good..*

'...Where is making God come down from throne? We ask for full swing, full music. Unfortunately it was not perfect, but at least you can take something with you, a souvenir, but it was not the right thing. God has not yet become your inner guide, your daily guide, or your breath. Actually, God is the breath in your nostrils. That is the discovery of the yogis, the maharishis; they said, "So Ham, So Ham." Whether you believe in God or not, you are saying with every breath, "So Ham, So Ham, I am He, I am She," the Him-Her...

'Devote some time to the light. Brush aside all these worries of worldliness.... Let the fruit of your yearning be ripened. Say: "God is my very own, I have a relationship beyond scripture. I abide by

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<sup>1</sup> A quotation, we discovered very much later, from Euripides' Bacchae

<sup>2</sup> Point of creation.

scripture but am not confined by it.” Any complaint or welcome is to Him alone, not to the person that has upset you...

‘...Bring photograph of your improvement and maybe I will consider the matter; I will see how much you have changed or you will be subject to crumble, go back to oven. That’s what you want to be, marble, clean, that’s what you want to be. But you cannot be, you are at fault with yourself, you are too weak...

‘There is very little hope for the world, I am telling you. You must deal in divinity. I am forcing you to be as vast, as generous, as God is. Be voluntarily offering yourself to others, pray for others, you don’t know their minds. Ninety-eight percent are quite anaemic.... You are not soaked in this heavenly atmosphere, you don’t have peace. ...If you can’t meditate, play music, go back to school of music, do-ray-me-fa. Music is not monotonous. Get into octave of spiritual musical harmony, and in perfection. Break this condition, block spermatozoa into testicle and all this, and ride the blissful horse...If you put into one sixteenth what we say (sorry to imitate Guru Dev) you will be very clear, bliss will come, bliss is your teacher. It all ends up in unwanted bliss, so Guru Dev says don’t seek bliss, it’s only the product of your good devoted meditation...’

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