

*July 8 'The grace of God is a silent conversation, the language of the heart, not heard but known to the knower, a dual consciousness ... 'Oct 6 'God is my business...Shiva Kali Christ... Our saying is the light of your search, the healing of your darkness'*

*July 8, 1995. Kirtan at Newbury (Atmananda)*

*Ambikananda had recovered his health sufficiently to call for a kirtan at this time. The devotees found on arrival that they were to sit at small tables arranged round the kirtan room as though at a cafe, where they drank tea, nibbled snacks, chatted - and wondered what exactly was supposed to be happening. The younger devotees at the kirtan included Tryambaka's and Sati's son Bala Shiva, who had recently returned from India where he had had been living at the Dalai Lama's ashram in Dharmasala.*

*At last the kirtan proper began, with bhajans from Shiva Shakti, Hari Om, Yogini and Tryambaka. Tryambaka who sang the song of the incarnation of Narendra (Vivekananda) in response to the plea of the divine child:*

*'On a path of light, in the realm of the Devas...  
The Divine Child was Sri Ramakrishna.'*

*A powerful atmosphere now began to build up. Several times Swamiji asked devotees to 'think of the departed,' with the names of Atma, Vishnu Shakti, Parvati, Hari Bol and others being specially remembered. Mahayogini sang,  
'From darkness lead us to Light...'*

*Then Ambikananda urgently bade all the people to repeat over and over again:*

*'Shiva Kali Christ namo namah,  
Shiva Kali Christ namo namah...'*

*During his discourse Ambikananda said, 'We are all children of the blessed GSR. . GSR is our mummy and our daddy ...'*

*He then selected a passage at random from this book, as had always been the custom at kirtans long ago:*

*[Reads]*

*'Narendra did not believe that God could incarnate Himself in a human body. But Girish differed with him; he had the burning faith that from time to time the Almighty Lord, through His inscrutable power, assumes a human body and descends to earth to serve a divine purpose.*

*'The Master [Sri Ramakrishna] said to Girish, "I should like to hear you and Narendra argue in English."*

*'The discussion began, but they talked in Bengali...*

*Girish to Narendra: "How do you know that God does not assume a human body?"*

*Narendra: "God is beyond words or thought."*

*Master; "No, that is not true. He can be known by the pure buddhi [intelligence], which is the same as the Pure Self. The seers of old directly perceived the Pure Self through their pure buddhi."*

*'Girish to Narendra: "Unless God Himself teaches men through His human Incarnation, who else will teach them spiritual mysteries? God takes a human body to teach men divine knowledge and divine love. Otherwise, who will teach?*

*Narendra: "Why, God dwells in our own heart. He will certainly teach us from the heart."*

*Master, tenderly: "Yes, yes. He will teach us as our Inner Guide."*

*Gradually Narendra and Girish became involved in a heated discussion. If God is Infinity, how can He have parts? What did Hamilton say? What were the views of Herbert Spencer, of Tyndall, of Huxley? And so forth and so on.*

*Master to M: "I don't enjoy these discussions. Why should I argue at all? I clearly see that God is everything. He Himself has become all. I see that whatever is, is God. He is everything; again, He is beyond everything. I come to a state in which my mind and intellect merge in the Indivisible... What shall I reason about? I clearly see that He Himself has become the universe and all living beings. But*

without awakening one's own inner consciousness one cannot realize the All-pervading Consciousness. The inner consciousness must be awakened through the grace of God."

*Swamiji broke off to ask:*

'How do you awaken your inner consciousness? By invoking, remembering the seer, invoke the presence, visualize, don't think you are here, be there with them....

[reads] "...The inner consciousness must be awakened through the grace of God."

'How do you get the grace of God? Go in silence; that minute of spiritual silence is like you have opened the padlock of God's secret acquaintanceship, that minute of deep concentration. Hold the breath, think of Him in your heart; when you have finished exhale Him, rebreathe Him. See Him in everyone, how He is manifesting, playing avidya and vidya, seeking and pretending all these things. So the grace of God is a silent conversation, the language of the heart, not heard but known to the knower, a dual consciousness.

'The end of the world is not far. You can see how people are losing their minds, family, job. The world is on the brink, don't be so bloody money-minded, mate, don't lose this divine opportunity, it's not what you are going to carry there; thy right is just to work; when work is finished run to God with body mind and soul. You have to cease to identify with this body. Live simple and high thinking, don't get old and grey and lose yourself just in money, money, money, every day, you will be reborn again and again for the same purpose. Everyone will go somewhere – where do you go? According to the bundle of thought that you will be reborn, what you are thinking, what you have been doing every day. Sarada Devi said, "Before you meditate think about what you have done all day; what is worthless, give, finish." If you have affair with the unlimited you form part and parcel of the Thing a little bit. So although it's not my business, I come to know, it is revealed. So it has to be better. We demand change, we demand goodness. I don't want it for me, what I am saying is privately, personally for your benefit.'

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Oct 6/7 1995 Glen Lodge

*Ambikananda was receiving Shiva Shakti and Madonna at Glen Lodge. The following is from Shiva Shakti's notes taken at this time:*

'Your life mustn't contradict your truth and your understanding of that truth. The body identified with the spark of the absolute, then it's just you and Him. You need five things: retreat, seclusion, peace, calm, non-disturbance.

'Ramakrishna used to test people, test their sanity. Some go mad on spiritual path - pray to be sane. I never liked this world, I renounced it before I was born. I have my boat and have set my course, and have room for one or two. They want the best seat next to me, but the practice isn't there of higher learning, meditation. Here it is alms house, free house, lots of wanderers in this kitchen. Departed are fed here, it's like they live here...they are desperate, in darkness, they see the light. They need this.. 'All kirtan they want credit – they want to by-pass – want attention... You have to be a bit compassionate, humane. Who cares for the desperadoes? OK, he has a karma, has to pay, but it doesn't mean you should bury him live...

'GSR songs are the product of realization, the songs sung bring Ramakrishna back to the world privately. GSR songs become action, become "Repeat, O mind..." – Hindus say repeat the Name thousands of times a day. Joy, happiness, is the outcome of spiritual life.

'We don't go out to the world – it's not my headache – so it's your grace and luck to come here to our circle...'

I practise special meditation of transcendental love, private personal relationship to God. That's what it's all about. God is my business... Shiva Kali Christ – that's what I do. Unification. Transcendental

love practice of meditation But they have to be ready, open flowers of the heart because the flower of giving is still fully sealed. No fragrance. It dies all closed. Too much attracted by distraction, we correct their spiritual task but time is short. If you give them loose rope they will die and be reborn with it. Then I will be blamed. Here is natural technique. Love is natural technique. 'When people don't listen we either force, slap or leave.

'I am a permanent dweller in that abode of knowledge and bliss. I don't speak fluent English but I speak current spirituality. This is not my worry about tomorrow what will happen here, it's what happens to me there. This life is to cultivate my devotion for what I am born for, I don't work for here. This is a spiritual family and in eternal union. If there is no breakage on the other side – but anyone can leave. They are free. They can't comply to our restriction and limited. You can't mess about when you have dedicated your life.

'This world is not my worry. We come from golden orb, try to penetrate back to that orb. Only thing, we have got passengers for transport on highway of consciousness – whoever has got ticket – can bear journey at such speed. Every opportunity is a divine opportunity, make good use of it or help the one who cannot. Don't forget all this, don't delete, don't forget a scrap. If they are indifferent to me I only get their reward. I am rewarded by the state they want. I am the product of their success. This visit is a programme to be played, programme of severe warning for oncoming generations. Eventually someone else pick these notes. Our saying is the light of your search, the healing of your darkness...I have a lot of graces, gift of visitation, private. Now you have got the machine. Go home, wind it, work. Work is withdrawal from daylight to eternal light, eternal love. Ramakrishna sang, "Mother Thy grace is my only cure."...

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