*Mar 31 1997 Glen Lodge Easter Monday* Present: Nita, Sada Siva, Mahalakshmi, Jai Narain.

## From Ambikananda's discourse:

'There's warning - then there's work, when you go over the border. What was inside is now outside, what was hidden is proclaimed. And the Sun will shine, it's not dark every day. The Sun shines, but people are not grateful. When it shines they say. "Let's do this, let's do that," but they don't think of the Sun, they don't thank him. God is slow but sure, and so forbearing. He warns you. He doesn't let you fall completely down to the bottom of His ladder. And then there are angels too, to catch the little ones.

'So much has happened that's irreparable; but you have to learn by the accident, by the fall, or there's no learning. And when accidents happen, not everyone gets hurt. Ideas drag you up and down, and we are slaves of our ideas. A slight temptation becomes a big burden, or a net, like the net a coolie carries on his back to hold all the things there. So control the mind, the idea. Whatever you do for your pleasure can later be for your bondage. Anticipation pays; it helps, it gives you room to decide, to clear a space, get a breath of fresh air. Anticipation can save a life.

'Come, share, with joy. Why always think of yourself? Others are also yourself in another form, happy or lonely they are yourself, alienated, unknown to you - so don't render evil for evil. Some people want things all at once, they are very hard to please! But it will come, if you give it time. It's good to be a bit active if you are not affected. I am very Krishnaic; I can kill or I can save. But when you go beyond the limit you need correction. To say "I can't help it" is like inventing a kind of disease for yourself. Then nature takes action, there is justice

'But we wouldn't survive if there was only justice. We are definitely being overlooked, let off: it is grace of the Guru, grace of your own mind. You don't know, because you haven't shuffled the card of divinity in the pack of 52 states of life. So grace is very important. Some people have to have their own nature, their privacy. Love is for the other person, it's not for them. But there's nothing like your own community; so work up to your limit, up to your poor level best, your PLB. Well, we are doing the "one sixteenth" and a bit over! But even a revelation is not much good if you don't understand it. "Greater than the vision is the interpretation of the vision" Therefore divine life needs explanation from a knower, or one who has been told by the Immortal preceptor; here and there makes no difference. I exist before an action takes place. I am declaring it myself.

'Spirituality mixed can lead to insanity, so you have to know why something needs to be done. If you don't know why, it doesn't help you to be told "Don't! Don't!". So we let a person go through these squares. As Jesus said, "Neither do I condemn you; go, commit sin no more." Every action has a reaction. But when a thought has been curbed or controlled, it clears away the cloud, it brings the Sun. Nature is the Sun, working for the Father. One blow from the wind, and all the leaves are pushed aside, all the leaves of autumn are brushed away. Due to power of control there is a spontaneous manifestation without action. The joy is yours, for you to present what you have brought. The Person is everything. All else is added. He is the picture, the rest is the frame. It is all built on *prema*. Self-corrective, self-adjusted. All is to be printed, discovered in another life. Slowly, slowly, it will come to be printed. You can't hide forever. Everything is done, hiddenly, but Jesus said, "What you did in darkness shall be proclaimed." Two days ago Jesus went to heaven. Where is heaven? Where is the kingdom? The kingdom is within you.

'God takes his time, but if you are willing, Ramakrishna says, you can untangle the loose rope. Jesus didn't explain why we say, "Lead us not into temptation." He didn't explain anything to the crowd, only to his own people, because if there is no understanding it gets more confused. If you try

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<sup>&</sup>lt;sup>1</sup> Sri Ramakrishna told his devotees that if they did one-sixteenth of his spiritual practice it would suffice, GSR.

<sup>&</sup>lt;sup>2</sup> Divine love.

<sup>&</sup>lt;sup>3</sup> i.e. Easter Sunday.

to explain some things to a child it's no good. But you need explanation or you get emotional all your life long; you are reborn in it; it goes into the subconscious. So you are put in the forge, you are test-driven. Explanation is spiritual help and blessing, to reassure the doubter, but you are tepid, unawakened. And some people are hypocrites. Confession helps. You want to be strong. Beyond man and woman is the Paramount One - pure knowledge and bliss. Through that bliss man is conscious of the reassurance of that blissful Reality. Then he gets knowledge to reassure him.

'Action is a delayer, when the heart has completed the action three times over. Heart, mind, words, actions, should be straight together. We are trying to express what the supernatural language speaks to the heart. Abide by what we are saying. Try to decipher. It is audible trance. One who is lately in trance is a translator. It is coming out, telling you one or two words that bubble, bubbles of reality. As soon as you go from here it disappears, but here it is crystal clear, Words bubble and drop.

'Life can blossom in one birth, but if you are not careful you can lose even this birth. Don't waste that, so when work is finished - it's a matter of your interest. To present a new spiritual life is easy if you have assistance; but greater than any assistance is to depend on yourself in dual consciousness. Dual: He is this worker, but there is also something else unknown. You have to have will power, discrimination, self-control. Allowance is given for falling. The closer you are, the greater the temptation. A man can have love, but without will power it's a neglected field, a fruit tree that hasn't been cultivated, hasn't been grafted, left to drop, abandoned. Will power is a determination, where "no" becomes a virtue, yielding becomes a vice. Will power is another word for capacity to reject. Concentration, asana, dharana. Don't be distracted, be oblivious of surroundings.

'Feeling is very dangerous. You can't explain your weakness; it has taken over. Feeling has a rite and ritual of introduction: first feeling, then possession, then madness, or a dangerous malady if you have body-mindedness. These little things are overgrowing us, it's terrifying how they are a slow death to the soul. Everything is being chewed up slowly, swallowed, in different ways. When you wake up from this unreality then you realise how much of you has been wasted. So you must be astride the giant. The greater the temptation that comes, the greater the challenge. You have to conquer. The greatest conquest is to master yourself first, not the world.

'All this is due to lack of will power, weakness. If a man has will power he is a god. Others don't depend on themselves, but you are yourself, however much you project yourself into another person, you are yourself. You identify but, minus Her, you are just that ugly gorilla. If the field is not cultivated the yield is minimal. Human beings are the best produce in the world, and we believe in rebirth – so next time you catch up in next birth. A strong will is the basis of discrimination.

'Be spiritually minded and you will attain everything. God has wanted you to serve humanity in this form. So love your work and adhere to it, and you will get a result. But you have to come to that stage of satiation. Have chastity, purity, not too much indulgence; be moderate in eating, drinking, sleeping. You are an instrument, you must be in harmony. The body is a temple, like it or not. The cleaner it is, the better for the Indweller. Otherwise the body pays tax for the soul to use it. Do your best. Say, "I don't know any mantra. I have faith in Thee. Lead me." Broaden the heart to the point of having nothing tomorrow. Just live on faith and water. God provides.

'All failure comes from lack of will power. The actor rehearses, has to repeat, night and day, and you have to have this power and guts.. The nature is perfection, so your standard is perfection. All you need is a good jockey with a cotton whip, and a bowl of trifle in the paddock for the horse.<sup>4</sup> Without practice there is no progress. You don't have to practice everything; but you have to be practical in reality, honesty, dharma, without anybody, just yourself, with everything in your mind, your thousand whims and fantasies. Truth conquers; otherwise sorrow will overpower you every day. You have to be that which is not without experience, knowledge, high consciousness, transcendental bliss. There is a special channel of grace of reassurance positive, to communicate with truth: the path of clarity,

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<sup>&</sup>lt;sup>4</sup> Swmiji liked the devotees' trig=fle. See 1996.11.09 at Old Vicarage

honesty and cleanliness. And you are the end of the destination. You start here but you are already there. So it transcends space and time.

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